

emCONNECT

June 2016 / ISSUE 02

"The heart of a father is the masterpiece of nature"
Happy Fathers' day... we love you!



FATHER'S DAY | ENVIRONMENT DAY | MONSOON



When we try to pick out anything by itself,
we find it hitched to everything else in the universe.

-John Muir

Every once in a while we should remind ourselves that everything on Earth is a gift that should be nurtured and well protected.

There once was a time when the highest and the tallest place on earth was our father's shoulders. A father is someone who wants to catch you before you fall but instead picks you up, brushes you off and lets you try again. He wants to keep you from making mistakes but instead he lets you find your way even though it breaks his heart when you get hurt. He will always be a pillar of strength, support and discipline though his work is endless and many a times left thankless. Last but not the least the words of encouragement a father gives can never be overlooked. He will always be there even when we fail or succeed.

How lucky we are to have someone to hold onto when we cry,
Who will scold us when we break rules,
Who will shine with pride when we succeed,
And always have faith in us even when we fail.

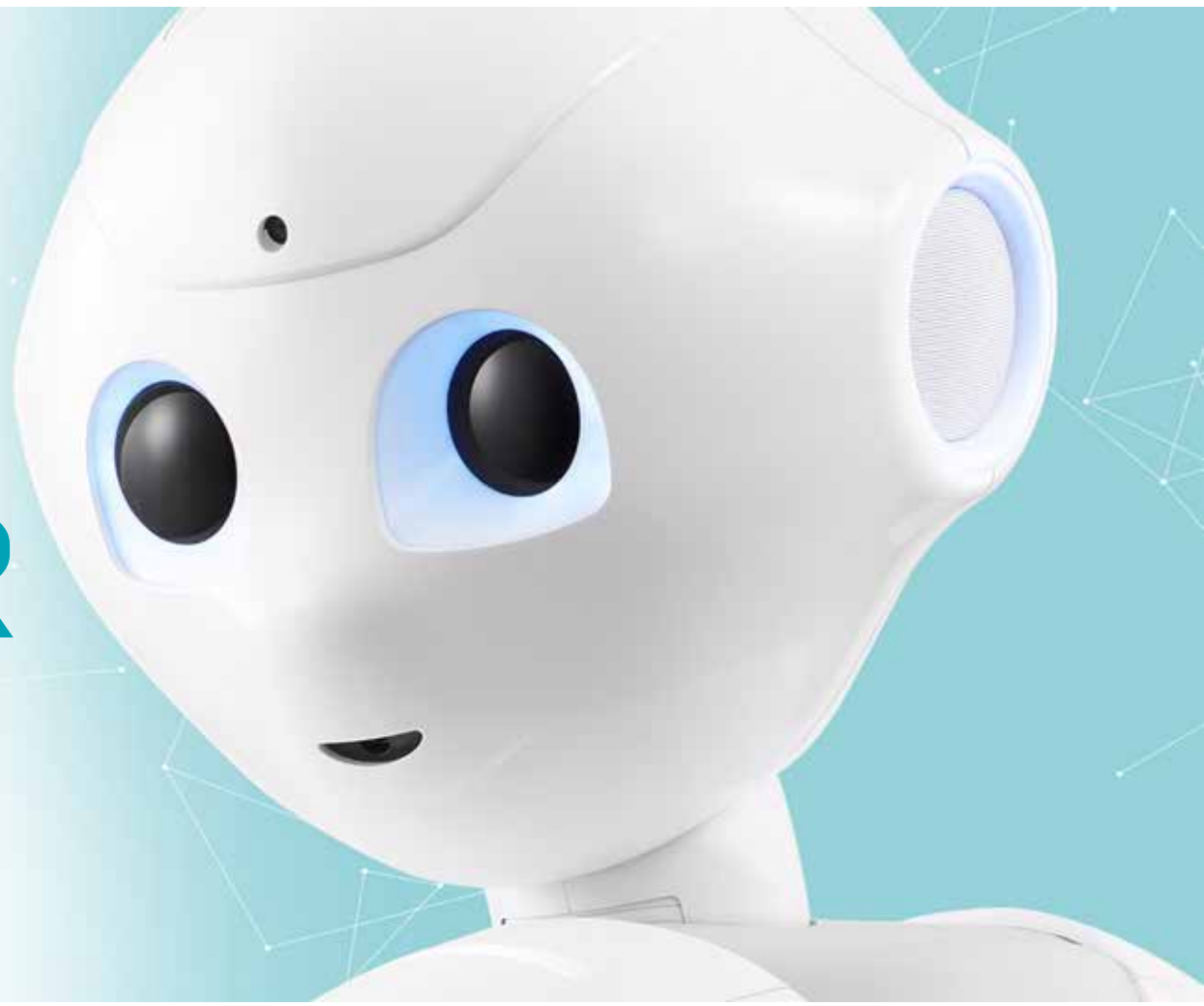
The Natural environment that we live in is often used as a synonym for habitat. All living things depend upon the environment. It is where we live, eat, breathe etc. It actually is one global ecological system where all living things are interdependent. The major threat that the environment faces is environmental degradation which threatens the earth's natural resources such as the clean water supply, fossil fuels for energy and food supply. Also many species of animals and plants are nearing extinction. More and more of our beautiful, open spaces are disappearing as new buildings and factories are built. So, come, let's join hands to save what's ours.

A Better Environment,
A Better Tomorrow,
Plant A Tree,
Save the Planet.





android PEPPER



Pepper is a human-shaped robot. He is gentle, endearing and surprising. It is designed to be a genuine day-to-day companion, whose number one quality is his ability to perceive emotions.

Pepper is the first humanoid robot capable of recognizing the human emotions and adapting his behavior to the mood of his interlocutor.

Pepper is much more than a robot, he is a genuine humanoid companion created to communicate with you in the most natural and intuitive way, through his body movements and his voice.

Pepper can recognize your face, speak, hear you and move around autonomously. It gradually memorizes your personality traits, your preferences, and adapts himself to your tastes & habits.

Clubs n' Activities



Activity 2
June 2016



APPLE'S PICK FOR BEST DESIGNED GAMING APP



After taking the wraps off iOS 10 and macOS Sierra at day one of the Apple developer conference, Apple named the winners of its prestigious Apple Design Awards, which recognize developers whose apps shine on Apple's software and hardware platforms. Each year since 1997, the cube-shaped Apple Design Award goes to 10 winning apps from a range of categories, spanning games, health, and productivity, as well as two student apps. This year's game app for best design goes to Chameleon Run.

Why Chameleon Run was selected?

Chameleon Run is a fast-paced auto runner with a colorful twist. With great Siri Remote integration on tvOS and Multi-touch on iOS, the gameplay is fast, highly responsive, and addictive. We loved this game's stunning visual presentation, beautiful graphics, and great visual effects. With a great soundtrack, fun sound effects, super intuitive and natural controls, and great performance Chameleon Run is a winner that's hard to put down. Its unique twist on the platformer genre makes it sweetly challenging, and excellent re-playability and attention to detail make it clear that plenty of care and craft were put into the development and design of this game. Localized into eight languages, Chameleon Run looks fantastic on a big screen and supports Game Center.



'BHUTAN'- A CARBON NEGATIVE COUNTRY.

A country's economy is measured in many ways GNP, GDP, WHI (World Happiness Index).etc. But with the rise in environmental awareness the countries are turning towards taking country's carbon emission as a factor of sustainable growth as a nation and its contribution to the world environment.

'Bhutan' is one of the poorest countries in the world just because of its low GDP ranging around 2 Billion Dollars and a very low population 781 168 people in 2016 census, but it still is a happy country with more than sixty percent of the country's land covered with forest and biological corridors. This caused the entire nations carbon footprint to go in negative because their forest consumes more carbon dioxide than it produces.

It not just about the forest areas that accomplished this in world living in the fear of climate change but also the government policies have contributed greatly. The policies supports Subsidies in LED bulbs, Free electricity for the farmers so that they do not resort to firewood,

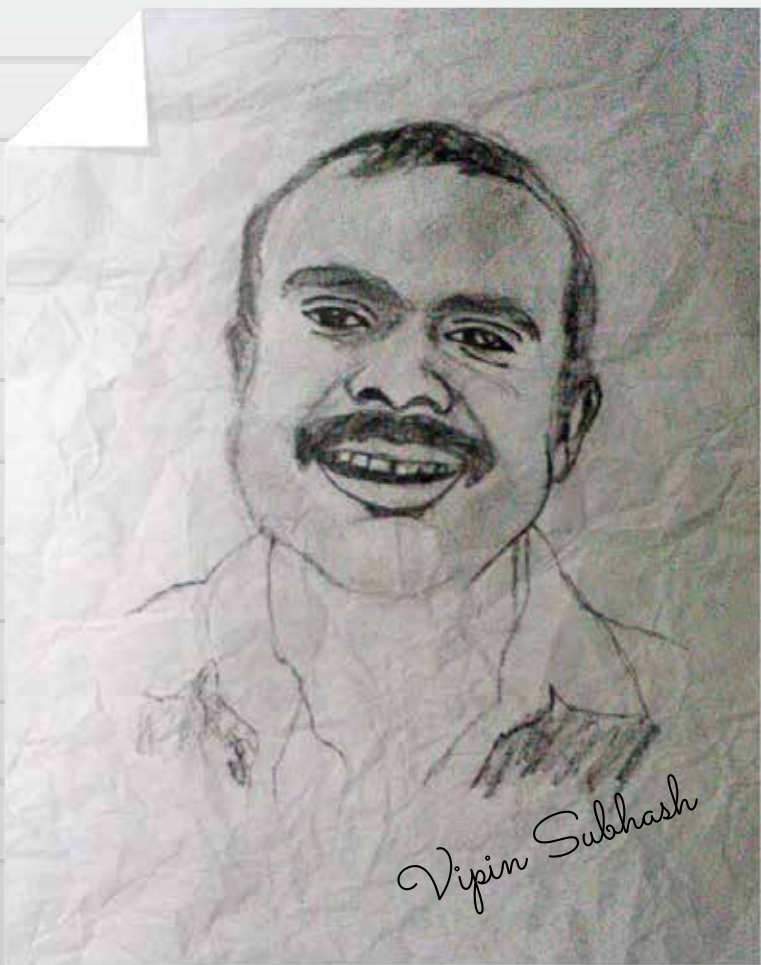
Anti-poaching and hunting rules and moreover the peoples outlook towards the environment.



The people in Bhutan do not care about TVs, Internet and other unnecessary things but they do care about the environment greatly with a vision to change the world for good. They truly believe that the development should not be at the cost of environment.

So they have declared themselves as a carbon neutral country and as a matter of fact the carbon emission is negative. Being poor does not make them unhygienic but makes them simplistic enough to understand what's important in the overly complicated world where unnecessary things matter. Now do you think Bhutan's is poor! Please give your thoughts in comment.

Pencil Sketch





EURO CUP- 2016

Cristiano Ronaldo's tears of despair turn to joy.

Portugal overcame the early loss of Cristiano Ronaldo to stun France and secure their first major international trophy courtesy of a 1-0 extra-time win in a dour Euro 2016 final at the Stade de France.

Former Swansea striker, Eder, who struggled to make an impact in the Premier League last season, was the unlikely hero as he junked in from the left and drilled a 25-yard effort into the corner on 109 minutes.

Portugal's talisman was left in tears 12 years ago when his country were stunned in the final by Greece - and it happened again here - but in different circumstances as his big night was ended prematurely following a clash of knees with Dimitri Payet. The Real Madrid man tried to battle on but was eventually stretchered off. Back in 1998 the Stade de France was the setting for the bizarre issues that saw Brazilian Ronaldo play in the World Cup final when clearly unwell. A cruel irony meant it looked like the stadium would be associated with the dismay of another superstar by the same name, but Portugal showed they are not a one-man team, taking advantage of France's stage fright to ensure one of the greatest players of all time was celebrating with watery eyes come the end of extra time.



സ്വപ്നം

ഓരോരുടെ ചിന്തയിലൂടെ താഴെത്താഴെ തളിരുന്നത

കിടന്നുറങ്ങുന്ന സ്വപ്നം പൊലാപകളുടെ ഉള്ളിലും കാണാം.

നമു നിറഞ്ഞ അർപ്പണമായി ജീവിക്കാനുള്ള ഓഹരിം....

പലലോലകളും തെങ്ങും കവുങ്ങും മാവുപും പൂപ്പും പൂപ്പും

ഒക്കെയുള്ള ഒരു നാട്ടിൽ പേരുകിടയെ അറിഞ്ഞു, മണിനെ

അറിഞ്ഞു, അതിലിങ്ങനെ ജീവിക്കുന്നവർ ഹൃദയം ഭ്രാന്തന്മാർ !!..

കിടന്നുറങ്ങുന്ന പച്ചയ്ക്കു മാത്രം കാണുന്ന ഒരു

കിഴമത്തിൽ ; അവിടുത്തെ അങ്ങും - മറ്റും - വെളിച്ചമേന്മ

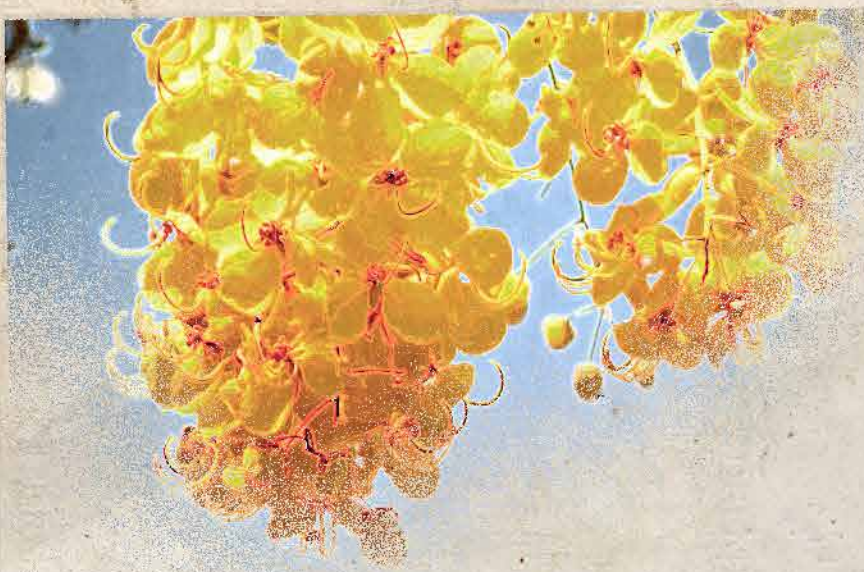
വരണം - നന്നെന്ന് - ഉണങ്ങി ജീവിക്കണം



തെരുവായിൽ !!! നാലുകൈയും പാർവ്വത്യും നടുക്കുറവുറ്റു വീട്ടിൽ !!!
 കൊഴുക്കുത്ത നെന്മണിമുൾ നിറച്ചു വെൽക്കാൻ ഒരു പത്തായപ്പു
 വേണം ... ക്ഷീണിച്ചു വന്നിരുന്നവരോടൊന്നു ഒരു തൃപ്തയാടിയും...
 വീട്ടു നിറയെ 'ആചാര്യനാക്കാൻ' ആസൂരിപ്പിള്ളേരും... ഉറുവ
 കോലാമിലെ ചാരു കസേരയിൽ കാലും നീട്ടി കിടക്കാൻ രാമപ്പുഴ
 മരണം സന്ധ്യാ നാദം ജ്വലിക്കാൻ രാമപ്പുഴയും ; കേന്ദ്രിഞ്ഞു
 നിന്നു അടുപ്പിലെ തണുത്ത വിരിയൽ നീട്ടി ഉറുത്തു
 റിപ്പന , നാവിൽ ആചിരനിഞ്ഞുനോക്കിയ നല്ല ചോറ്റം തിരിച്ചും
 മൺചട്ടിയിൽ നിന്നും ഇലത്തുമ്പിയൽ വിളമ്പിത്തരാൻ
 നന്മ നിറഞ്ഞ രാമപ്പുഴ ;

കാടികൾ ഒരു പഴയ





മിനച്ചിൽ കൂടും പിടിച്ചു വന്ന് സന്ദരം കുടിക്കാൻ ഒരു
 ഗൗരവത്തോടെ അച്ഛനും ഭവനം അളവതരം പോല;

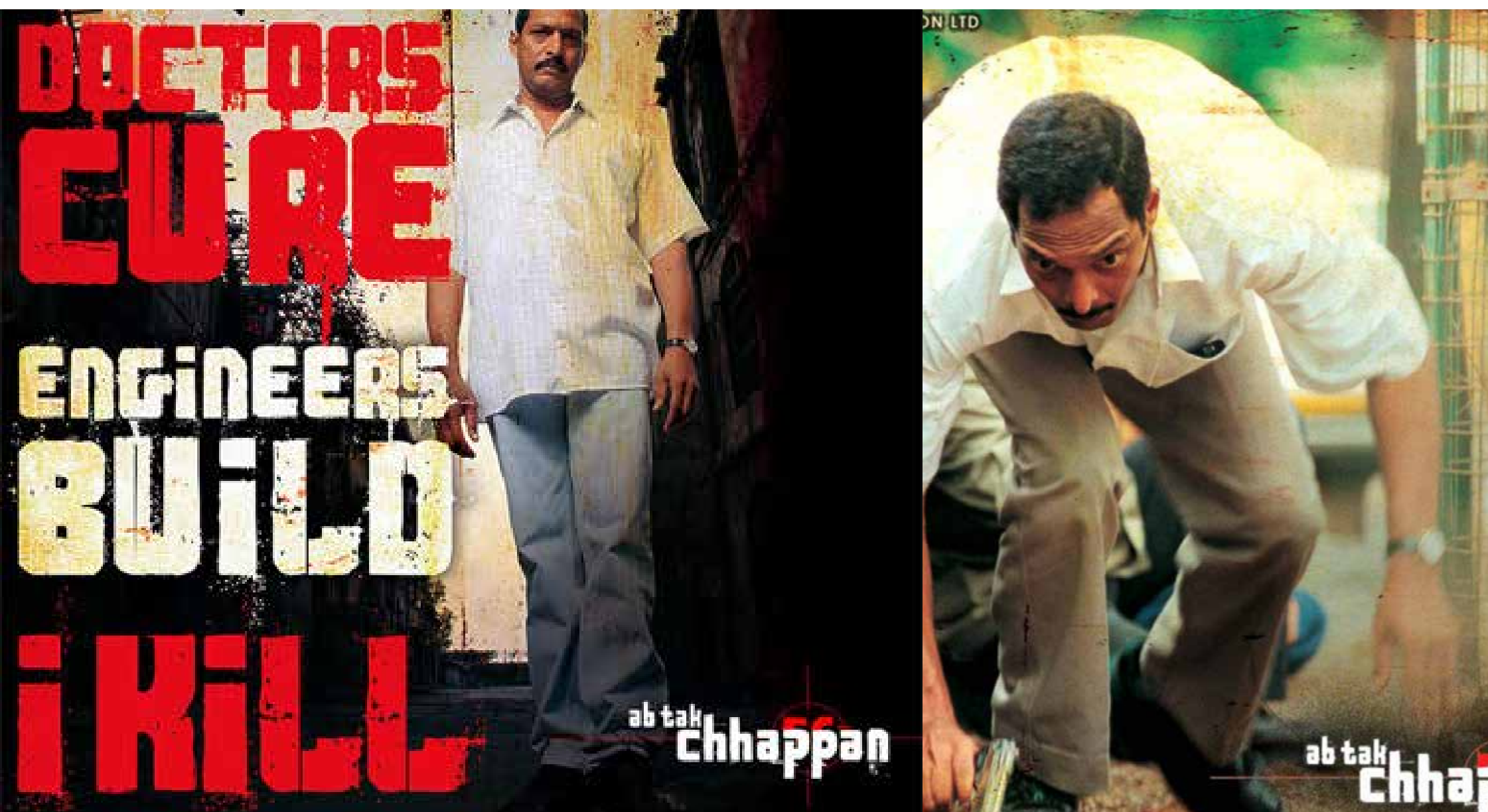
മുറ്റം നിറയെ ചെടികൾ വേണം, താകിലെന്നും പല
 നിറത്തിലും മണത്തിലും ഹൃദയം വിരിയണം.... താകിലെ
 കേൾ നുകമാൻ ശലഭങ്ങളും വന്യകൂട്ടം കിളികൂട്ടം വരണം!!!
 മുറ്റത്തു ചിന്നങ്ങി നടന്നാൻ തള്ളക്കോഴിയും കുട്ടികൂട്ടം വേണം..
 വടക്കേക്കാടിയിലെ തൊഴുത്തിൽ കിടന്നാണെന്നും കരളപ്പുവരികൂ
 തിടാമൂം വേണം!!.... സന്ധ്യയ്ക്കെന്നും കിഴക്കെക്കൂത്തി പാർ-
 ത്തിക്കാൻ ഒരു കാവ് ഉണ്ടാവണം.... ഘനം അമ്പലത്തില
 പാട്ടു കേട്ടുണരണം... അലിമന ചുവപ്പിൽ പലലോലകളെ
 തഴുകി വരുന്ന കാമിൽ അടുത്തുള്ള കൃഷ്ണ ക്ഷേത്രത്തിലെ
 സങ്കീർത്തനങ്ങൾ ലയിച്ചു പോണം... സന്ധ്യയ്ക്ക് മുന്നേ
 നിന്നിങ്ങിട്ട് കലനാൻ ഒരു വരിയ കൂട്ടം തറവാട്ടു വളവിൽ
 തന്നെ വേണം....





ഉയ്യൂ പുറയിലെ വലിയ ദുരണിത്തീലെന്നും ഉയ്യൂ മാങ്ങും
തച്ചാറ്റും ഉണ്ടാവണം... ഭവനക ക്കാലത്തി പുക്കാരനെന്നും
തേക്കൈതാദിയുടെ അടങ്ങ കൃലയിൽ പോത്തൽ മാവുണ്ടാവണം.
അതിന്റെ ചിലുതളിലൂടെ തിച്ചാടിക്കളിക്കാൻ അങ്ങനാറക്കണ്ണ-
മാക്കം വരണം!!!... ഭവനലവധിയിൽ ഉറങ്ങാലുണ്ടാക്കാൻ
ചിലു താഴ്ന്നി നിൽക്കുന്ന മറ്റൊരു മാവു. ഭവനം..; ആ
മാവ് ഉറങ്ങേതെങ്കി ചാത്തൻ തണലിൽ മാറണം... വില്ലു
കാലമാലാക സ്വർണ്ണ പുക്കൽ ഇങ്ങി കിടക്കാൻ തന്നിങ്ങാ
നല്ലും ഒരു കൃലയിൽ ഉണാരിയിടണം... പരിപൂരയിൽ ഇങ്ങന
നോക്കിയാക കണനത്തെയും പച്ചവിരിച്ചു കിടക്കുന്ന വയലും
താകിനപുറത്തെ അമ്പലത്തെയും അതിനു പുറയിലെ താലയും
മാക്കമാവണം... പിന്നാമ്പുറത്തെ കോലിൽ നിന്നും
നോക്കിയാലോ ; കിണ്ണു നിവർന്നു കൂട്ടുന്ന പുട്ടു യാവണം
കാണേണ്ടത്....





The lines in the beginning of the movie made a lot of sense and not because I am a fan of Nana Patekar, But it is true in every sense. I believe that this movie is one of the greatest movies in which only 'Nana' can act as the protagonist with a message to deliver.

The movie revolves around a Police Inspector Sadhu Agashe (Nana Patekar) from the Mumbai encounter squad (26/11) which inspired by the true story of Daya Naik in Mumbai Police.

But the above quote sparks something inside me to question the reality because when someone thinks that an event is true then the very event becomes real even if it never happens or happened.

The first part of the movie sequel stretches on the misplaced/distorted belief of the terrorist that the Holy Quran says about killing those who do not belongs to Islam. This is a true story inspired by the Mumbai Terror attack (26/11) which shook the whole world with many casualties and lost lives. The movies tackles the stereotypical thinking of the people in the world towards Islam. It was successful to explain that there is no single verse in the Holy Quran saying about killing the non-believers and how the word 'Jihad' is totally misunderstood and twisted

“What you perceive is your reality, what they perceive is their reality, there is no reality as such there are only perceptions.”

– Dialogue from 26/11.

This movie says that the corrupted version of Islam is solely made to fulfill the ambitions of the persons who is making it and brainwashing believers to do inhumane atrocities. This movie claims that the terrorist are misguided and twisted in their own belief such that the world they perceive needs Islamic salvation through unfair war which is condemned by all true Islamic believers in the world.

Now the question 'Do you still perceive the reality?' Who knows! But try a little bit beyond the eyes can see. Because perception is not created with eyes; it is the creation of mind and perception creates reality.

This is a must watch movie from me and I suggest all readers to give your time to learn with entertainment.



THE MOTIVATION TOOLKIT

The toolkit covers ways to increase your motivation in the context of individuals, organizations, parents, educators, and even exercise.

Pink dedicates a section in the toolkit to Strategies for Awakening Your Motivation. There are a few great tips here that are worth highlighting.

Mihaly Csikszentmihalyi did more than discover the concept of flow. He also introduced an ingenious new technique to measure it. Csikszentmihalyi and his University of Chicago team equipped participants in their research studies with electronic pagers. Then they paged people at random intervals (approximately eight times a day) for a week, asking them to describe their mental state at that moment. Compared with previous methods, these real-time reports proved far more honest and revealing. You can use Csikszentmihalyi's methodological innovation in your own quest for mastery by giving yourself a 'flow test.' Set a reminder on your computer or mobile phone to go off at forty random times in a week. Each time your device beeps, write down what you're doing, how you're feeling, and whether you're in 'flow.' Record your observations, look at the patterns, and consider the following questions:

- Which moments produced feelings of 'flow'? Where were you? What were you working on? Who were you with?
- Are certain times of day more flow-friendly than others? How could you restructure your day based on your findings?
- How might you increase the number of optimal experiences and reduce the moments when you felt disengaged or distracted?
- If you're having doubts about your job or career, what does this exercise tell you about your true source of intrinsic motivation?"



the dream is always alive ..

Just Say No – With a List

Most of us have a to-do list. But legendary management guru Tom Peters also has what he calls “to don't” list – an inventory of behaviors and practices that sap his energy, divert his focus, and ought to be avoided. Follow his lead and each week craft your own agenda of avoidance. Staying motivated – directing your own life, making progress, and pursuing purpose – isn't easy. So get rid of the unnecessary obligations, time-wasting distractions, and useless burdens that stand in your way. And the first step in bulldozing these obstacles is to enumerate them. As Peters puts it, “What you decide not to do is probably more important than what you decide to do.”

Move Five Steps Closer to Mastery

One key to mastery is what Florida State University psychology professor Anders Ericsson calls deliberate practice – a ‘lifelong period of... effort to improve performance in a specific domain.’ Deliberate practice isn't running a few miles each day or banging on the piano for twenty minutes each morning. It's much more purposeful, focused, and, yes painful. Follow these steps – over and over again for a decade – and you just might become a master:

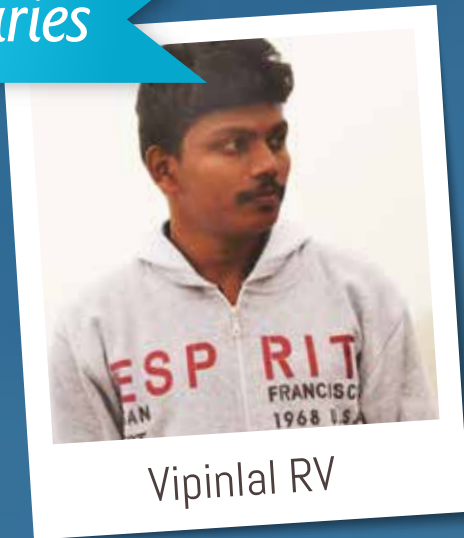
- Remember that deliberate practice has one objective: to improve performance. ‘People who play tennis once a week for years don't get any better if they do the same thing each time,’ Ericsson has said. ‘Deliberate practice is about changing your performance, setting new goals and straining yourself to reach a bit higher each time.’
- Repeat, Repeat, Repeat. Repetition matters. Basketball greats don't shoot ten free throws at the end of team practice; they shoot five hundred.
- Seek constant, critical feedback. If you don't know how you're doing, you won't know what to improve.
- Focus ruthlessly on where you need help. While many of us work on what we're already good at, says Ericsson, ‘those who get better work on their weaknesses.’
- Prepare for the process to be mentally and physically exhausting. That's why so few people commit to it, but that's why it works.

The toolkit also includes a summary of each chapter and even a ‘Drive Discussion Guide;’ a list of twenty questions designed to start a conversation and help you think more deeply about the concepts he has covered. These are some of the fundamentals of active reading and also remind us a bit of the Feynman technique for learning concepts more deeply.

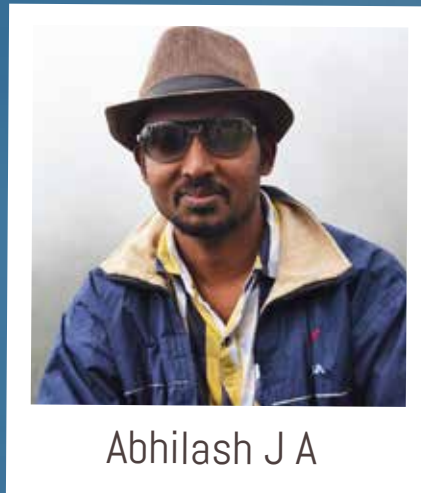


Birthday Celebration June 2016

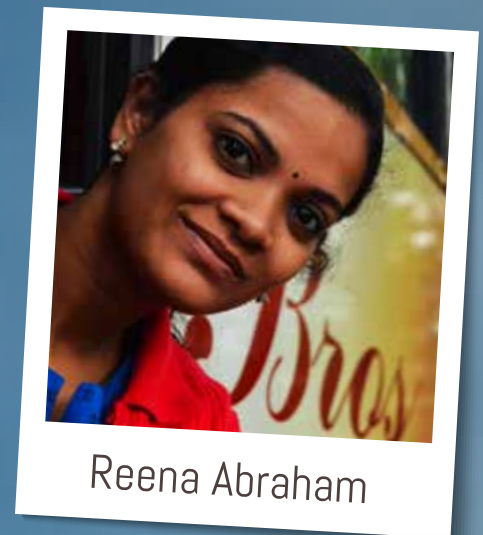
Work Anniversaries



Vipinlal RV



Abhilash J A



Reena Abraham

Congrats Friends



Farewell - Martin Jacob
We wish you all the best



Best Performer of June 2016
Sangeeth Raghav